



1200 Pittwater Rd, Narrabeen <u>www.snslsc.org.au</u>

March 2022

#### **Dear Members**

Firstly, I would like to thank all of our Patrolling members who covered all our patrol requirements over the Christmas holiday period. Our Patrolling members collectively completed over 1200 hours service between the 24<sup>th</sup> December 2021 and the 30<sup>th</sup> January 2022. With a messy surf and large crowds on the Beach from Collaroy to Narrabeen it kept everyone busy and due to the fantastic efforts of our patrols there were no major issues during Patrol Hours.

Its great to see so many Nippers eagerly showing up each Sunday and competing in all the events no matter what the weather, parents, please remember that your help is always needed and welcomed, you would be surprised at how many of the older club members started off as Nipper parents and I know one Nipper parent who use to be a South Narrabeen Nipper so don't be shy, jump in and help with the fun. As we head towards the end of the season we will be planning a few off season events as well as a heap of great events next season as we celebrate or 100<sup>th</sup> anniversary, please make sure that you check the event calendar on the clubs web page as well as our Facebook page so you don't miss out on what's on at the club.

Your committee is always ready to answer any questions and if you can't find us around the club you can always email us (details on club web page).

Regards

Peter Madden
President
South Narrabeen SLSC

## From our Director of Lifesaving (Annie)

Rescue at South Narrabeen on Australia day

Australia day 2022 was definitely a classic beach day in Sydney with sunny fine weather, not much wind and temperatures in the high 20's. South Narrabeen was no different but there were a couple of strong rips either side of the flags that the patrol needed to managed through the day. The day was relatively quiet for the patrol and Lifeguard considering the amount of people on the beach but that all changed after the patrol had signed off for the day. The Lifeguards attended a rescue around 6pm 400m to the north of the South Narrabeen surf club just before they knocked off for the day. After that, people continued to enjoy what was a great beach day on Australia day. Chris who was on patrol during the day at South Narrabeen happens to live two houses south of South Narrabeen surf club and looks out over the beach, Chris and a bunch of friends were enjoying a BBQ to finish the day. Around 7:30pm Dave (ex South Narrabeen SLSC patrolling member) spotted 3 people struggling in a very strong rip about 100m

north of the club house. Chris, Dave, Jeff (South Narrabeen patrolling member) and Steve (friend) raced into action. Dave grabbed a surfboard, Chris unlocked the club house and grabbed a tube and fins and they both proceeded to paddle/swim out to the Father and his two kids (two boys around 12 to 14 years old) who were caught in the rip that was like a strong river running out to sea and could not escape the washing machine this created with the 1.5m surf, to add to this there was a huge amount of sea weed in the water and Chris found himself being held up by the weed tangled around his tube, at this point Chris had no choice but to discard the tube and continue to swim out to the family. During this time Damian a South Narrabeen Nipper parent was also making his way out on his sons foamie nipper board. Damien is not the smallest bloke around and did extremely well to paddle his sons foamie out through the surf to get to the Father and his kids and provide some buoyancy for the trio until Chris and Dave arrived soon after. Steve then arrived on the scene on a rescue board from the club. After assessing the situation Dave took one of the sons in to shore on the rescue board and then headed back out. Chris, Damien and Steve tried to swim the Father and son back in but the rip and weed made progress extremely difficult. As Dave arrived out the back on the rescue board they re-grouped and were hit by a big set of waves, this assisted everyone by washing them all in closer to the beach, from here it was then possible to get the Dad and second son safely back to dry land. During this time another bystander had entered the water to try and provide assistance but had gotten himself into trouble and was struggling, Jeff then grabbed a malibu surf board and rescued this good Samaritan who was in serious trouble himself. In all, 4 people were rescued within 15 minutes and with the extremely challenging ocean conditions and the obvious fatigue of the Father, his two children and the good Samaritan this 2022 Australia day could have been very different for everyone if it were not for the five brave and resourceful rescuers. A great team effort by all.

## From our Nippers Chairperson (Claudia)

## WE JUST KEEP ON GOING....

Although we had a delayed start back to our season in January thanks to ridiculous COVID case numbers, we came back in full force!

The enthusiasm for weekly Board Training, Club Swims and Competitions/Carnivals is so amazing and inspiring. I'm so proud to be a part of this Club more than ever and am overwhelmed with joy with the pride and enthusiasm of all our Nipper and families.





And welcome to the new families who have joined us since January! We love when new members join us any time during the season.

#### THE NIPPERS SEASON

Given we made a delayed return to Nippers, I had suggested to extend the season by a couple of weeks and asked for member feedback about whether this was a good idea or not. I received a mixed bag of responses especially due to winters sports starting in March. So, I have revised the Calendar one last time. I have extended the original season by one week, not two and have made the start time for the AGM/Presentation 12pm instead of 9:30am on 20<sup>th</sup> March, to allow those who have winter sports that have started on Sunday mornings, to be able to attend. I hope this works for the majority of our families.

#### NIPPERS 2021/2022 CALENDAR

DATE	ACTIVITIES	BBQ VOLUNTEER ROSTER	NOTES
31st Oct	First Nippers/Halloween Party		SN Club from 9:30am
7th Nov	Normal Nippers Session	U12/13	SN Club 9:30am - 10:30am
14th Nov	Normal Nippers Session	U11	SN Club 9:30am - 10:30am
21st Nov	Normal Nippers Session	U10	SN Club 9:30am - 10:30am
28th Nov	Normal Nippers Session	U9	SN Club 9:30am - 10:30am
5th Dec	Normal Nippers Session	U8	SN Club 9:30am - 10:30am
11th Dec	Twilight Nippers Christmas Party	HELP NEEDED PLEASE	SN Club - Nippers 4-5pm
	Final Nippers for Christmas Break		Christmas Party OVR from 6pm
12th Dec to 9th Jan		CHRISTMAS HOLIDAYS	
23rd Jan	First Day Back for Nippers	U7	SN Club 9:30am - 10:30am
30th Jan	Normal Nippers Session	U6	SN Club 9:30am - 10:30am
6th Feb	Normal Nippers Session	U12/13	SN Club 9:30am - 10:30am
13th Feb	Normal Nippers Session	U11	SN Club 9:30am - 10:30am
20th Feb	Normal Nippers Session	U10	SN Club 9:30am - 10:30am
27th Feb	Normal Nippers Session	U9	SN Club 9:30am - 10:30am
6th Mar	Normal Nippers Session	U8	SN Club 9:30am - 10:30am
13th Mar	NIPPERS END OF SEASON COMP/CARNIVAL	U7	SN Club 9:30am - 10:30am
20th Mar	NIPPERS AGM & PRESENTATION DAY	ALL ATTEND PLEASE	SN Club 12pm

#### **NIPPERS SOCIAL CALENDAR**

With COVID cases becoming part of our every day lives and restrictions easing, it's time to get back into the social scene!

The Nippers Social Committee have a few events coming up and plan to have more soon! **SUNDAY SIPPERS AFTER NIPPERS** – every Sunday from 12pm in the OVR unless otherwise specified.

**FRIDAY PIZZA/FUN NIGHTS** – starting Friday 11<sup>th</sup> March – please see our website or facebook page for more details and to buy tickets in advance.



And even though the Nippers season will be coming to end in March, we plan to have lots of activities to keep us social during the off-season!

#### THANK YOU!!

This season has been amazing and just keeps getting better every week thanks to all of our wonderful Nipper families and all of our fantastic!! We all make such a great team and the result is our children are loving coming to Nippers each week and are so keen to get in there amongst it.

Here are some beautiful photos taken by **@meganmareephotography** of some of our amazing parent volunteers:



Vicky Jong – Canteen/BBQ Coordinator, Mum Extraordinaire to Robbie and James Flint and Partner in Crime to Ashley Flint



Ashley Flint (left) – Head Chef of BBQ, Pappa Bear to Robbie and James Flint and the Ying to Vicky's Yang

Barry Grundy (right) – 2<sup>nd</sup> To None on BBQ is always happy to help and is Aidan Hammond's Grandpa



Greg Ritter – Board Trainer, assists with Nippers & Education sessions, Age Manager Coordinator Helper, Water Safety, Bronze & Silver Medallion – Super Dad to Ruby and Max Ritter and Claudia Ritter's better half



Ratna Selvaratnam - Above and Beyond Helper of All/Jack of All Trades - in particular he is integral in running Nippers Sessions, Board Training, Age Manager Assistance and all things Nippers – Dad to Christian Selvaratnam who always happily helps with Nippers anything



Thecla Haven – Registrar, Club Competition Coordinator and holder of all pertinent Club Information – if you need to know something, she's your gal!

Cassahn Hammond – U10's Age Manager along with hubby Josh Hammond – she is always smiling and happy to help and awesome mum to Aidan Hammond



Jesse Madden- Handicapper/Secretary and Age Manager to U6'S, U7'S, U8's – he does it all and is an amazing sport with these young Nippers – you'll often see him with a few of them on his back...literally! He is Flynn Madden's amazing dad

There are so many amazing volunteers and parents to mention but these are just a few!

A very big thank you to all of the parents who take and post photos every week of our Nipper's sessions...they are fantastic and so are you!!

Claudia Ritter
South Narrabeen SLSC Junior Activities Coordinator (JAC)
nippers@snslsc.org.au

## From our Dir Competition (Thecla)

What a great day we ended up having at the beach this morning 20/2/2022.

After the nipper events it was onto the South Narrabeen Annual Club Championships!

I was hoping for a few more patrolling members to come and compete but where we lost out there, we made up with Nipper Parents, who would have guessed they would be so competitive.

At first, I wasn't going to include the older nippers in any of the events but they are such great enthusiasts for the swim I sent a pack of eight of them out with water safety buzzing around out the back and a few of the adults to stay by their sides for the more nervous ones. A great swim was had by all and a huge congratulations to Ayden Sue for finally breaking the curse and coming in a commendable first place...followed by Carys Hill in second and Fletcher Tudor a nice neat third. Sorry parents that was just a warm up for you guys that participated.

The Seniors then competed in a Surf Teams event, Beach Flags, Beach Sprint and then a Beach Relay. No cheating or foul play at all occurred and the referee's decision is final! It was very pleasing to be able to add in two nippers beach relay teams as well.

Excuses for not participating in an event??? Not sure I can repeat this one excuse but it did get the better of the me mber and he performed amazingly in the Beach Relay just being pipped at the post for first place. Maybe it was more of a help than a hindrance??

Water safety was amazing as always buzzing here, there and everywhere making sure the water was safe for one and all. Thanks to Bianca and Torch. I was just wondering why Torch came out of the water looking like a drowned rat and covered in sand??? A big thankyou to Darren Sue for his expertise in running the beach events.

After the events members were invited to the Ocean View Room for some drinks and a relax on the veranda.

See you all next week for the Sunday Surf Swim at 11 am Thecla Haven Director of Competition









# From our Historian (Steve)

Our Club Historian Steve Martin has been fortunate enough to be involved in another expedition to Antarctica so unfortunately, we don't have a bit of history for you however I'm sure he is being vigilant as ever down there.



Steve Martin on expedition/Patrol in Antarctica, Feb 2008