

Our member profile this fortnight is Simon Vincent. Simon joined South Narrabeen SLSC in 2013 and gained his Bronze Medallion the same year. He represented our Club at the SLSA National Leadership College in February 2015. The National Leadership College provides an exciting opportunity for young people within the movement to further develop their leadership skills and continue to positively contribute to the success of SLS.

Away from the beach Simon has worked in various legal, policy and strategic roles. He currently works for the Department of Primary Industries and is heavily involved in the development and implementation of the NSW Government's [Shark Management Strategy](#) including working closely with Surf Life Saving NSW.

At Club level he is an active patrolling member and also sits on our Rules and Constitution Committee.



Simon is pictured on patrol

When did you join South Narrabeen SLSC and why?

I joined South Narrabeen in September 2013 to complete my Bronze Medallion which had been something I had wanted to achieve for a while. I chose South Narrabeen firstly because it was the closest Surf Club to where I was living at the time but also due to its' smallness and welcoming atmosphere.

What are the key lessons that you've learnt from your time in South Narrabeen SLSC?

I have a greater appreciation of the value of teamwork and community from my time on patrol at South Narrabeen. I've also learnt to appreciate the value I receive in providing a service and volunteering my time without any expectation of tangible reward. I try to apply both lessons into all other aspects of my life.

What's it like being on patrol and what do you enjoy about it?

I've been a part of several patrols since I started with the Club and have enjoyed seeing how different patrols work and how different patrol captains run their teams. On patrols, I mostly enjoy contributing to my community by making the beach as safe as possible for others, learning more about the different conditions we experience at South Narrabeen and the camaraderie with my fellow members.

You've been a member at South Narrabeen SLSC for around 3 years, how have things changed?

I'm a newcomer to the Club so I haven't experienced too many changes but I certainly can see the dedication from its members and have no doubt it is in good hands.

How are preparations for the 2016-2017 season going?

First patrol done and dusted!

What are your goals within Surf Life Saving, in particular South Narrabeen SLSC?

I'd like to continue to contribute and where I can add the most value. Currently I am involved in the NSW and Northern Beaches Rules and Constitution committees and have had some input into the changes being made with the South Narrabeen documents.

What has been your best memory as a surf lifesaver?

Firstly, attending to a spinal incident last season. Thankfully the patient was fine but was great to see the team working well together. Secondly, attending the National Leadership Academy run by SLSA last year.

Who is someone you admire in the Surf Life Saving movement and why?

I admire the people who have been key contributors to surf clubs over many decades as well as the people who continue to refresh and change the organisation to ensure its' relevance into the future.